What is Claimed:

1	1. A method for treating contaminated soil and water comprising
2	the steps of:
3	a) preparing a stable dispersion of zero-valent iron particles; and
4	b) applying said zero valent iron dispersion to said contaminated soil
5	and water.
1	2. A method according to claim 1 including the preliminary steps
2	of:
3	preparing a suspension iron particles having a maximum size of 10 $\mu m$
4	in an aqueous solution containing a dispersant being one of block or graft copolymers
5	containing both anchoring and stabilizing chains; and
6	subjecting said suspension to a grinding or milling operation to
7	produce a solution containing said zero-valent iron particles.
1	3. A method according to claim 2 including the step of using one
2	of sodium polymethacrylate or ammonium polymethacrylate as a dispersant to
3	stabilize said colloidal containing zero valent iron particles.
1	4. A composition for treating contaminants in soil or water
2	consisting of:

a stabilized colloidal suspension of zero valent iron particles wherein 3 said zero valent iron particles have an average size less than 100 nanometers. 4 5. A composition according to claim 4 wherein said colloidal 1 suspension is stabilized by one of a block or graft copolymer containing both 2 anchoring and stabilizing chains. 3 6. A composition according to claim 5 including less than 1 to 2% l by weight of one of ammonium polymethacrylate and/or sodium polymethacrylate as 2 a stabilizer for said suspension. 3 7. A composition according to claim 4 wherein said suspension 1 includes up to 30% by wt iron particles. 2 8. A method for preparing a suspension of zero-valent iron 1 2 particles comprising the steps of: preparing a stabilized dispersant of iron particles having a size no 3 larger than 10  $\mu$ m; and  $\sim$ 4 grinding or milling said stabilized dispersant for a time sufficient to 5 reduce the size of the zero valent iron particles to a maximum size of 100 nm. 6 A method according to claim 8 including the step of introducing 9. 1 one of a block or graft copolymer containing both anchoring and stabilizing chains 2

into said dispersant as a stabilizer.

3

- 1 10. A method according to claim 9 including the step of introducing
  2 one of sodium polymethacrylate or ammonium polymethacrylate into said dispersant
  3 as said stabilizer.
- 1 11. A method according to claim 10 including the step of using from
- $_{2}$   $_{1}$  to 2% by weight of said ammonium polymethacrylate or said sodium
- 3 polymethacrylate to produce said stabilized dispersant.
- 1 12. A method according to claim 10 including the step of using up 2 to 30% by weight iron particles.